

Activity Schedule Pull-Out

September-December 2008



Pick your own Bag of Activities



A Look Inside:

Monster Dash 5K
Gingerbread Workshop
Fly Fishing
Dog Obedience
Punt Pass & Kick
Moonlight Candy Hunt
White House Tour



From the Director's Desk...

WE WANT YOUR COMMENTS!

The Parks and Recreation Department staff will provide opportunity for citizens to express their concerns and desires about parks and recreation through upcoming public input meetings. Starting in September, the Department plans to schedule a meeting in each district to obtain public ideas on recreational matters. Specific dates for each meeting will be listed on the Department's website, in local newspapers, and flyers will be distributed throughout the county. If there are any questions, please contact John Barrett at the Parks and Recreation Department at 727-3412 ext 8 or jbarrett@culpepercounty.gov.

CULPEPER COUNTY COMPREHENSIVE BICYCLE STUDY

The Rappahannock-Rapidan Regional Commission and the County of Culpeper applied for and received a \$45,000 grant from the Virginia Department of Transportation to provide Culpeper County with an on-call consultant to prepare a comprehensive bike plan. The consulting firm HNTB was tasked with locating potential bike routes, determining road improvements and placement of signage, preparing a feasibility and cost analysis and a comprehensive plan, and developing a County-wide master bike plan. The finished County Master Bicycle Plan will expand upon the completed Town of Culpeper Sidewalk, Bikeway and Trail Master Plan to create a comprehensive effort to provide citizens with a walking and bicycling system throughout the county.

With a minimal contribution of \$7,900 from the County, the master plan will provide much needed information for staff to apply for future grants. As the contents of the plan become a reality, new bicycling corridors, placement of signage and the widening of roads to accommodate bikers and walkers will encourage residents, tourists, and overnight visitors to explore Culpeper's unique business district and



historical attractions. In cooperation with the Town of Culpeper, both plans will provide citizens with an alternative transportation mode for work, shopping, recreational purposes and other needs.

COMPLEX RAKES IN THE WORK

It's been a very busy summer for the Parks and Recreation Department staff. The economic down-swing may have slowed summer recreational offerings, but other projects that were previously put on hold have come to the forefront. Although this is the third summer for the Culpeper Sports Complex, some issues still needed to be addressed. The complex, which is maintained by one full time staff member and supported by a part time contractor, has received many necessary improvements.

The summer started off with full aeration of all field turf to relieve compaction. Low areas and areas that were under the most stress were top dressed. This included the center of football fields, soccer goal mouths and baseball sideline wings. The next step was to seed areas to assure full coverage of turf. Mother nature helped with rain just when we needed it and good hot sunshine. Bermuda turf thrives in the sun.

Moving on, the next big project was to correct drainage problems on the little league baseball and softball fields.

On both softball fields infield mix was added (dirt mixed just for infield play areas) to raise the field center 3 inches. To ensure water moved off the playing surface as quickly as possible, the mix was graded to the baselines. Bases and pitching rubber were raised to match the new grade.

Unfortunately, the four little league fields had bigger drainage problems to solve. The grass infield was removed, then the foundation surface was raised 3 inches, after which it was graded to ensure water drainage off the playing surface. Sod was then laid back on the newly graded surface.

We are always trying to lower costs and improve performance. A new infield design will eliminate a majority of dirt areas and provide many benefits for the players while lowering cost of maintaining the fields. The area around each base has a cut-out filled with infield mix to allow for a safe sliding surface, as the player reaches the base. Home plate and

the pitching mound are other areas with cutouts filled with infield mix. This configuration will permit the fields to be playable much sooner after a rain, because the turf infield will absorb the moisture more quickly than a dirt surface.

The final big project was to ensure that all turf that is in-play on all fields has irrigation. Irrigation lines were added to outside edges of the soccer and football fields. With this change fields will be playable and safe from edge to edge.

Baseball and softball fields had no irrigation on the wings from the back stop to 1st or 3rd base lines. This created a very irregular and unsafe surface for players. Irrigation was added to these areas then top dressed and seeded to get and maintain full coverage with turf and avoid injuries.

All this work will ensure that youth will have a safe field to play on and will be able to learn the sport as it should be played. A player should only have to think about the game and not about the effect the playing surface has on them or the ball. The surface should be so good that it becomes effectively invisible to the player. Our staff works extremely hard to achieve this goal for all ball field users.

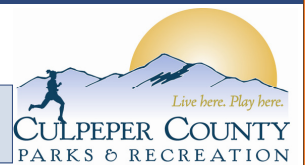
FUTURE OF LENN PARK

Lenn Park may have a new look in the coming year. Dewberry and Davis, LLC, Civil Engineering Consultant Services, have been hired to prepare plans to develop the park. The scope of work includes field surveying, a base map, wetland permitting and construction of roadways, building a parking lot and an entrance way. Associated facilities that have been designed are: adult softball fields, a radio controlled airplane air strip, and a walking trail that follows Mountain Run Creek and leads to a landmark location.

The County contacted Advanced Training Services (ATS) Administration Director, Ramon Serrato, to ask for the school's cooperation in providing heavy equipment and student participation with the project. The opportunity will not only give students hands-on experience but will spare the County certain costs associated with earth work at the site.

Updates Continued on Page 26

Fall Schedule

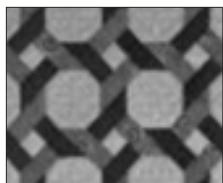


ARTS & CRAFTS



AROUND THE TWIST

Ages 18-adult, 1day
Using rotary cutting tools and your sewing machine, create Trudie Hughes' "Around the Twist" top (approximately 39" x 47.5") in this one-day workshop. Must have your own sewing machine. Supply list will be available online and in the Parks and Recreation office.



Instructor: Marty Moon

Location: 4-H Extension Office, 101 S. West St.

Registration Decision: 11/7

Th 11/13 9:30a-4:00p \$30

GINGERBREAD WORKSHOP

Ages 4-adult, 1day

Have you ever wanted to make your very own gingerbread house, but haven't because you thought it would be too difficult or messy? Debbie Boyd does all the work for you. The gingerbread is made from scratch and the houses are already together. All you have to do is bring your imagination and decorate. (Adult help is required for the 4-6 year olds; only one house per adult/child pair. Maximum 2 kids per adult)

REGISTRATION DEADLINE: Fri, Dec. 5

Instructor: Debbie Boyd

Location: Community Room, 303 N. Main

Sa 12/13

Option A: Ages 4-6 9:00-10:30a \$16,
2nd child same house \$13

Option B: Ages 7-adult 11:30a-1:30p \$20,
2nd person same house \$18

CAKING DECORATING WORKSHOP

Ages 13-adult, 1day

This class will show the basics of cake decorating, from icing to borders to roses. All supplies are included (icing, decorating bag, tips, and practice sheets). Class is limited to 4 participants.

Instructor: Tabitha Riley

Location: Community Room, 303 N. Main

Registration Decision: 11/12

Tu 11/18 5:30-8:30p \$40

WREATH WORKSHOP

Details online.

BOW MAKING WORKSHOP

Details online



ONE STROKE PAINTING – HOLIDAY SPECIAL

Ages 14-adult, 4wks

One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke. This course will teach special Holiday designs – the snowman, the penguin, holly and berries, and the pinecone with pine needles. Painting will begin the first class. Students should wear old clothes, smocks, or aprons. Students should bring all necessary supplies to the first class. Supply list will be available online and in the Parks & Recreation office. No class 11/27.

Instructor: Linda Bradshaw

Location: Culpeper Co. H.S. – Art Room

Registration Decision: 11/7

Th 11/13-12/11 6:30-8:30p \$40

ONE STROKE PAINTING

Ages 14-adult, 6wks

One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke. Painting will begin the first class. Students should wear old clothes, smocks, or aprons. Students should bring all necessary supplies to the first class. Supply list will be available online and in the Parks & Recreation office.

Instructor: Linda Bradshaw

Location: Culpeper Co. H.S. – Art Room

Registration Decision: 9/10; 10/21

Session 1: This course will teach the following flowers: Bird of Paradise, Dogwood, Magnolia, Fuchsia, Columbine, and Daffodil.

Tu 9/16-10/21 6:30-8:30p \$55

Session 2: This 6-week course will teach the following: Bamboo, Vines, Blueberries, Rosebuds, Daisies, and Sunflowers. This class will be painting on glass using Folk Art enamel paints. No class 11/3 or 11/24

M 10/27-12/15 6:30-8:30p \$55

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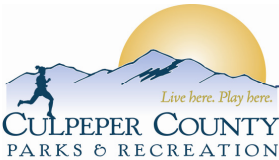
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Culpeper, Virginia 22701**

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Fall Schedule



BEGINNERS SEWING

Ages 12-adult, 4 classes
This class is for those with little to no sewing experience but who want to learn. Class covers instruction on setting up your sewing machine, choosing patterns, fabrics, and thread. Projects will be done using a basic straight stitch. Project pattern will be chosen at first class. Bring your own sewing machine. Limited sewing machines will be available for use. Please mark on registration form if you need a machine. Class limited to 8 participants.

Instructor: Kathy DeCastro
Location: Floyd T. Binns M.S.
Registration Decision: 9/10
Tu & Th 9/16-9/25 6:00-8:00p \$60

DANCE

BALLROOM I

Ages 16-adult, 8 wks
Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the world's finest ballrooms. Try the Waltz, Cha-cha, Rumba, and Fox Trot, along with others.
Instructor: John Gentile
Location: Community Room, 303 N. Main
Registration Decision: 9/11
W 9/17-11/5 7:00-8:00p \$40single/\$72couple



BALLROOM II

Pre-requisite: Ballroom Dancing I
Ages 16-adult, 8 wks
This class will be an extension of Ballroom Dancing I. Your ballroom dancing skills will be taken a step further with additional emphasis on leading & following as well as additional turns, moves, and maneuvers. So step up, step out, and let's dance.

Instructor: John Gentile
Location: Community Room, 303 N. Main
Registration Decision: 9/11
W 9/17-11/5 8:00-9:00p \$40single/\$72couple

SWING DANCING

Ages 16-adult, 8 wks
Does the music of the big band era get your feet stomping and your head bobbing? Then we have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone, or bring a friend or family member. It promises to be fun.
Instructor: John Gentile
Location: Community Room, 303 N. Main
Registration Decision: 9/11
W 9/17-11/5 9:00-10:00p \$40single/\$72couple

HEALTH & FITNESS

TAI CHI

Ages 16-adult, 4wks
Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women.
Instructor: Remi Godlewski
Location: Eastern View H.S.
Registration Decision: 9/4; 10/2
W 6:00-7:00p \$30
Session 1: 9/10-10/1
Session 2: 10/8-10/29

SEATED FITNESS

Ages 60 & up, monthly
A gentle, seated, functional fitness class for people 60 and older. This class is designed to increase muscle strength, overall flexibility, and range of motion, often lost as we age. Please bring your own water and a towel.
Instructor: Sharon Steele
Location: Culpeper County Library
Registration Decision: Friday before session
W 2:00-3:00p
Session 1: 10/1-10/29 \$17
Session 2: 11/5-11/19 \$11
Session 3: 12/3-12/17 \$11

FIT FOR LIFE

Ages: 25 & up, monthly
This class is full of fun, low-impact exercises and aerobic dance moves. Please bring a water bottle, face towel, and set of light hand weights.

Instructor: Maggie Corradi
Location: The Depot
Registration Decision: Friday before session
Mon &/or Thu 10:30-11:30a
Session 1: September 8-29
M - \$16, Th - \$12, Both \$28
Session 2: October 2-30
M - \$16, Th - \$20, Both \$36
Session 3: November 3-20
M - \$12, Th - \$12, Both \$24
Session 4: December 1-18
M - \$12, Th - \$12, Both \$24

LEISURE LEARNING

BIRDS OF PREY



Ages 7-12, 1 day
Learn about a variety of birds of prey in Virginia. What food do they eat? Do they have predators? What sounds do they make? How do they impact our environment? Play a game of Predator or Prey. Please bring a photo of yourself for the take home project.
Instructor: Veronica Ward
Location: Community Room, 303 N. Main
Registration Decision: 9/16
Sa 9/20 10:00a-12:00n \$30



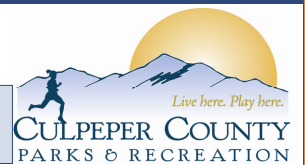
Parents: sign your child up for both Birds of Prey and Hibernation & Migration classes. Send a bag lunch, and they can have a full day of fun. Lunch will be supervised.



HIBERNATION & MIGRATION

Ages 7-12, 1 day
Learn about animals in Virginia that hibernate and migrate. Why do they hibernate and where? Why do they migrate and where? How does this impact our environment? Play a game of hibernate and migrate. Please bring a photo of yourself for the take home project.
Instructor: Veronica Ward
Location: Community Room, 303 N. Main
Registration Decision: 9/16
Sa 9/20 12:30-2:30p \$30

Fall Schedule



BULK FREEZER COOKING

Ages 16-adult, 1day

This class will review the basics of bulk/freezer cooking, how to prepare meals, freeze them and cook later. You will learn tips about how to get started, demystify the process, dispel myths, and find out how easy it really is. Participants will receive a packet with forms to help the process and recipes for some delicious meals. Whether you're single or have a large family, bulk/freezer cooking can really save time and money.

Instructor: Amy Schrader

Location: Community Room, 303 N. Main

Registration Decision: 9/17

M 9/22 6:00-8:00p \$10

DIGITAL CAMERA BASICS

Ages 16-adult, 2wks

So you've got yourself a shiny new digital camera. Have you figured out how to use all the features yet? If not, this is the perfect class to get you started. Bring your camera, manual, and yourself for this introduction to using your digital camera.

Instructor: Brian Ashdown, photographer

Location: Floyd T. Binns M.S

Registration Decision: 10/2

W 10/8-10/15 6:00-8:00p \$35

ADVANCED DIGITAL PHOTO

Ages 16-adult, 6wks

This class will focus on Digital Single Lens Reflex Cameras. Topics covered will include: Usage and operation of the camera, menu functions, options for lighting, and more. No class 11/24

Instructor: Brian Ashdown, photographer

Location: Floyd T. Binns M.S

Registration Decision: 10/14

M 10/20-12/1 6:30-7:45p \$65

LEARN TO FLY FISH

Ages: 18 & up, 1day

Learn about the history of fly-fishing, knot tying, rods, reels, lines and casting. Instructors cover fly selection, proper fish handling, photographing your catch and advanced casting techniques including the roll cast, shooting line and false casting. The day concludes with a discussion about where to fish and stream etiquette and conservation. All equipment and instructional materials will be provided. Participants may also bring their own equipment. Instruction

takes place on private property, so no fishing license is required. Participants are encouraged to bring a lunch.

Instructor: Eastern Blue Ridge Fly Fishing

Location: Old House Winery,

18351 Corky's Ln, Culpeper

Registration Decision: 10/7

Sa 10/11 9:00a-4:00p \$75

PERSONAL FINANCIAL MANAGEMENT

Ages 16-adult, 2days

This course is designed to teach teenagers / young adults and their parents (and anyone who's interested) the fundamentals of personal financial topics such as budgeting, personal savings, retirement savings, and debt management.

Instructor: Jeff Hatcher

Location: Eastern View H.S.

Registration Decision: 10/15

Tu&W 10/21-10/22 6:00-8:00p \$5

PAWS, HOOFS, FEATHERS & FINS



PUPPY KINDERGARTEN

Ages: Puppies 3-5 months;

Humans 10 & up (under 16

w/adult) 8 wks

Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through

verbal & visual cues.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Registration Decision: 9/12

Th 9/18-11/6 6:00-7:00p \$90

DOG OBEDIENCE DISCOUNTS

* Seniors - 55 & up - 10% discount

* 2nd dog in same family—10% discount

* Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract

* Only one discount per dog per family.

BEGINNING MANNERS I

Ages: Dogs 4 months & up -

Humans 10 & up (under 16 w/ adult) 8 wks

Does your puppy/dog need to learn some manners? If so, then here's the solution. Bring Fido out to this class where he/she will learn basic commands and enjoy socializing with other dogs. Any dog, whether they're 4 months or 4 years, can attend.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Registration Decision: 9/10; 9/12

Session 1: Tu 9/16-11/4 10:00-11:00a \$90

Session 2: Th 9/18-11/6 7:00-8:00p \$90

Prerequisite for Beginning Manners II and Canine Good Citizen:

Must have taken the Puppy Kindergarten, Beginning Manners I or II, other dog obedience class, or placement by instructor.

BEGINNING MANNERS II

Ages: Dogs 4 months & up -

Humans 10 & up (under 16 w/ adult) 8 wks

Now that your wonderful bundle of fur knows the basics of obedience: sit, stay, and come; it's time to work on encouraging him to listen to your commands every time. Keep building the bond between you and your dog by helping him/her be the best companion he/she can be.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Registration Decision: 9/10

Tu 9/16-11/4 6:00-7:00p \$90

CANINE GOOD CITIZEN / INTRO TO PET THERAPY

Ages: Dogs 6 months & up;

Humans 10 & up (under 16 w/ adult) 8 wks

This class will help you and your best friend pass the 10 steps required to receive a Canine Good Citizen certification. Additionally, training will enhance the bond between you and your best friend.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Registration Decision: 9/10

Tu 9/16-11/4 \$90

Option A: 11:00a-12:00n

Option B: 7:00-8:00p





Fall Schedule

All Riding classes: The first class spends time on basic grooming, how to tack your horse (putting on the saddle / bridle), and safety around the horses. **Students must wear hard sole shoes with a heel. Helmets will be provided and are required at all classes.** Directions to farms are online.

PONY RIDING I

Ages 4-6, 6wks
Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville
Registration Decision: 9/9
Sa 9/13-10/18 \$95
Option A: 9:30-10:00a Option B:10:15-10:45a

PONY RIDING II

Ages 4-6, 6wks
Prerequisite: Pony Riding I at Ironwood Farm
This class is a continuation of what students have already learned. Emphasis is on refining their skills on horseback at the walk and trot. Parent or other adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville
Registration Decision: 9/9
Sa 9/13-10/18 11:00-11:30a \$95



BEGINNING HORSEBACK RIDING

Ages 7-Adult, 6wks
Students will learn to ride a horse independently at the walk and begin to trot, also to post and ride in 2-point position. Basic position and commands will be emphasized through fun drills and games on horseback. Register early as this class only accepts 4 students.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville
Registration Decision: 9/9
Sa 9/13-10/18 \$130
Option A: 7-12 yrs 1:00-1:45p
Option B: 13-adult 2:00-2:45p

INTRO TO HORSEBACK RIDING

Ages 7-adult, 4 wks
Lessons designed for anyone interested in learning to ride. These hands-on classes will cover novice horse safety, ground training, grooming, tacking and understanding a variety of different types of horse equipment. The riding portion is taught with classical fundamentals promoting proper seat, legs and hands.
Instructor: White Buffalo Horse Farm
Location: 4325 Muster Field Rd, Culpeper
Registration Decision: Wed. before class
M 4:00-5:00p \$125
Session I: 9/8-9/29
Session II: 10/6-11/3 (no class 10/13)
Session III: 11/10-12/8 (no class 11/24)

PRE-SCHOOL

MOMMY & ME

NEW! Ages 18-36 months, 6wks
This is a movement education class utilizing the floor, balance beam, bars, and trampoline to build strength, coordination and balance. Parent or other adult must participate in class with child. No class 11/24 or 11/28
Instructor: Culpeper Gymnastics
Location: GWC Piedmont, 9432 James Madison Hwy, Rapidan
Registration Decision: Wed before class
9:30-10:15a \$45
Session 1: M 9/8-10/13
Session 2: M 11/3-12/15
Session 3: F 11/7 – 12/19

GYM KIDS

NEW! Ages 3-5, 6wks
This is a program designed to teach basic gymnastic skills in a fun and confidence-building environment. No class 11/24 or 11/28
Instructor: Culpeper Gymnastics
Location: GWC Piedmont, 9432 James Madison Hwy, Rapidan
Registration Decision: Wed before class
10:30-11:15a \$45
Session 1: M 9/8-10/13
Session 2: M 11/3-12/15
Session 3: F 11/7 – 12/19

BEGINNING TUMBLING I

Ages 2-5, 6wks
Bring your little boys and girls out to learn the proper way to tumble, through organized play. By enjoying stations your child will learn how to follow directions, gain large motor skills, develop balance and coordination, and have LOTS of fun. Adult participation is required. Child must meet age requirement by 10/10. Siblings may not attend unless they meet the age eligibility and are registered in the course.
Instructor: Joanne Munson
Location: Community Room, 303 N. Main
Registration Decision: 9/22
F 9/26-10/31 \$30
Option A: 2-3.5 yrs 9:00-9:45a
Option B: 3.5-5 yrs 10:00-10:45a

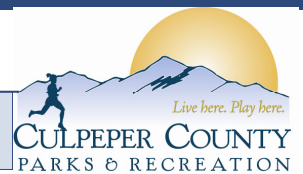
BEGINNING TUMBLING II

Ages 3-5, 6wks
Prerequisite: Beginning Tumbling I
For the student that has mastered Beginning Tumbling I and is ready to begin splits, cartwheels, backbends, and jumps.
Instructor: Joanne Munson
Location: Community Room, 303 N. Main
Registration Decision: 9/22
F 9/26-10/31 11:00-11:45a \$30

ROCK & ROLL I

Ages 2-5, 6wks
Tumbling and dancing, together at last. Bring your little one out for this high-energy class where they will learn the proper way to tumble, as well as getting to do some creative dancing. Adult participation is required. Child must meet age requirement by 10/11. Siblings may not attend unless they meet the age eligibility and

Fall Schedule



are registered in the course.

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Registration Decision: 9/18

W 9/24-10/29 \$30

Option A: 2-3.5 yrs 10:00-10:45a

Option B: 3.5-5 yrs 11:00-11:45a

ROCK & ROLL II

Ages 3-5, 6wks

Prerequisite: Rock & Roll I

This class is for those students who have taken Rock & Roll I and are ready to move on. Students will be introduced to more detailed dance routines, point toes, splits, cartwheels, backbends, and jumps.

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Registration Decision: 9/18

W 9/24-10/29 9:00-9:45a \$30

TUMBLING FOR HOMESCHOOLERS

NEW! Ages 5-10, 6wks
This beginning tumbling class is designed to teach children basic tumbling skills. The children will develop balance and coordination, build strength, flexibility, and body control. No class 10/13

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Registration Decision: 9/9

M 9/15-10/27 1:00-1:45p \$30

CHEER & DANCE FOR HOMESCHOOLERS

NEW! Ages 5-10, 6wks
This class is designed for children who would like to learn the basics of cheer & dance. This is a fun and exciting class with upbeat music and an easy to learn curriculum. Students will learn cheer motions, jumps, proper technique, beginning dance, and tumbling skills, with an emphasis on body control. Students will learn a fun dance routine and cheers that they will perform at the end of the session. No class 10/13

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Registration Decision: 9/9

M 9/15-10/27 2:00-2:45p \$30

JAZZ DANCE FOR HOMESCHOOLERS



Ages 5-10, 6wks

This class is designed for home school children who would like to learn to dance. This is a fun and exciting class with upbeat music and an easy to learn curriculum. Students will learn basic jazz moves, with an emphasis on body control. Students will learn a fun dance routine and may perform at the end of the session. No class 10/13

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Registration Decision: 9/9

M 9/15-10/27 3:00-3:45p \$30

KID'S CLUB: THINGS THAT GO!

Ages: 2.5 to 5.5 (not entered kindergarten yet.)
Join us for interactive stories, play, music, lots of crafts, and fitness games through the world of transportation. Play will be directed by Miss Tracy. Caregivers are required to attend for children who are not potty trained or who do not separate well. This program is a semi structured program designed to promote pre-school/kindergarten reading, math, and social readiness. Please bring a labeled water/drink bottle and please wear play clothes. A light snack will be served at each class

Instructor: Tracy Wormack

Location: Community Room, 303 N. Main

Registration Decision: Wed before class

M 10:00a-12:00n \$30 / session / child

Class Descriptions are online

Session 1: 9/29 The Wheels on the Bus.

Session 2: 10/6 Streets and Sirens.

Session 3: 10/20 People-powered vehicles

Session 4: 10/27 Do the Locomotion.

Session 5: 11/3 Sailing & Costume Party

Session 6 11/17 Fall Fun Festival

Session 7: 12/8 Little Elves Workshop

CREEPERS & CRAWLERS

Ages: 10-30 months

Join us for fun interactive play using music and movement, exciting storytelling, and crafts designed to build gross motor skills and create exciting memories for both baby and caregiver. Please bring a light snack and/or water bottle labeled with your child's name and wear non-skid footwear and play clothes. Caregiver

must be present during entire class. No more than two children per caregiver.

Instructor: Tracy Wormack

Location: Community Room, 303 N. Main

Registration Decision: Wed before class

M 12:15-1:45pm \$30 / session / child

Class Descriptions are online

Session 1: 11/3 Sailing and Costume Party

Session 2: 11/17 Fabulous Fall Stories,

Session 3: 12/8 Santa's Little Helpers

RHYTHM & STRINGS

BEGINNING GUITAR

Ages 11-adult, 7wks

This class will teach you the basic strumming techniques and chords to get you started playing. Must have your own guitar.

Instructor: Darcy Canton

Location: Floyd T. Binns M.S.

Registration Decision: 9/17

Tu 9/23-11/4 6:30-8:30p \$50



INTERMEDIATE GUITAR

Ages 11-adult, 6wks

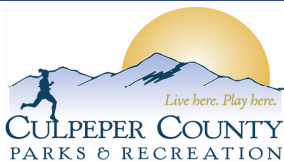
This class is designed to advance the student to the next level of playing using basic fingering and strumming techniques. The student will also have the opportunity to practice applied voice (if desired), along with playing the instrument in an informal supportive setting. Must have your own guitar

Instructor: Thom Shotwell

Location: Floyd T. Binns M.S.

Registration Decision: 9/18

W 9/24-10/29 6:00-8:00p \$50



Fall Schedule

SENIORS

INTERESTED IN BECOMING A SILVER CLUB MEMBER?

The Club meets every Wednesday from 10:00am – 2:00pm

Location: Culpeper County Library Meeting Room

Fee: \$5 per year. Ages 55 and up (Must be a Culpeper Resident)

SILVER CITIZEN CLUB:

“Old age is not for sissies!”

~Bette Davis, actress~

Feel like meeting a few new friends? Join us for Culpeper County Parks and Recreation’s largest and most entertaining program.

Every Wednesday join fellow active adults and senior citizens at a weekly meeting. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper’s seniors the program provides an environment where lasting friendships are created.

SENIOR CRAFTS

Ages 50+

Enjoy the company of fellow active seniors and create a wide array of crafts. This is an ongoing Silver Club activity held once a month after lunch.

Instructor: Frances Wood

Location: Culpeper Co. Library - Large Meeting Room

3rd Wed of each month, 1-2p

Fee: \$1.00 Silver Club Member /month
\$2.00 non-Silver Club Member/month

SENIOR WRITING CLUB

Ages 50+

Everyone has a story to tell. Learn to put your stories into words and enjoy fun-filled writing exercises with fun-loving seniors. Don’t worry about experience. We’ll help you every step of the way.

Instructor: Marshall Conner

Location: Culpeper Co. Library - Large Meeting Room

2nd & 4th Wed of each month, 1-2p

Fee: \$1 yearly

SPECIAL EVENTS



MONSTER DASH

4-MILE & 1-MILE FUN RUN

Come join the Culpeper County Park and Recreation Department for its first Monster Dash 4-Mile & 1-Mile Fun Run. Runners and Walkers are welcome to participate in both events. Race will take place on some of Culpeper’s scenic back roads. Go ahead and get that Halloween costume out early. There will be prizes for a costume contest in the both the 4 & 1-mile Fun Runs. All participants in the 1-mile Fun Run will receive a finisher’s medal. Register online at Active.com

Su 9/28

Race start: 1mile 8:00a; 4mile 8:20a

4mi \$25 / 1mi. \$10 by 9/12

4mi \$30 / 1 mi. \$15 day of race



NFL PEPSI PUNT PASS & KICK

Ages 8-15 (as of 12/31/08), 1 day

Registration deadline 8/29!!!

The NFL Pepsi Punt, Pass & Kick program is a national football skills competition for girls and boys who, in four separate age divisions (8-9, 10-11, 12-13, and 14-15), will compete against each other in punting, passing and place kicking in a fun and engaging forum. **This event is FREE.** Use the PPK Registration Form. A copy of participant’s birth certificate MUST accompany registration. PPK Registration Form will be

available in the office & online or mail a self-addressed stamped envelope to the Parks and Recreation Office, Attn: PPK to receive a form by mail. Registration will not be done the day of the event.

Location: Culpeper Community Complex

Date: August 30 – **Time:** 10:00am

Registrations will not be processed at the event.

MOONLIGHT HALLOWEEN CANDY HUNT

Bring your little ghost, goblin, or princess out for some fun and safe candy hunting by moonlight. Be sure to bring a flashlight (very important), and a bag for all the candy that will be found. We’ll start inside with a costume contest; then go outside to find candy. Costume contest and candy hunt will be divided into 3 age groups: 2-4 yrs (parent participation a must), 5-7 yrs, & 8-12yrs. An adult must accompany all children.

Location: Culpeper Co. High School - Gym

Ages 2-12

Sa 10/25

Fee:

\$3 / child in advance

\$5 / child at the door

Time:

Admission 6:30p-7:20p

Costume Contest 7:30p

Candy Hunt 8:00p

Tickets can be purchased in advance. Please use registration form and include a self-addressed stamped envelope, so your tickets can be mailed to you, or stop by the Department’s Office. Mailed forms must be received by Oct. 17th .

LETTERS FROM SANTA

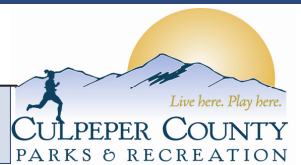
Make an unforgettable memory for someone special! Arrange for him/her to receive a letter directly from Santa’s desk at the North Pole. Please fill out and submit



a “Letters from Santa Request Form” available in the Department’s office and on our website. All requests must be received by November 7th, so that letters can be postmarked from the North Pole. Due to Santa’s other responsibilities this time of year, only the first 50 requests can be processed.

Fee: \$5 per person (one person per letter)

Fall Schedule



SILVER SCREEN CLUB

Do you like classic films? Then join us for a Friday afternoon movie.

Films are selected from American Film Institute's Top 100 Films List and for artistic merit. Most films are pre-1970s and tend to be from the 1930's to 1960's. Everyone is welcome to attend!

For specific titles to be shown contact Marshall Conner at mconner@culpepercounty.gov or at 540-727-3412 ext 6.

Dates: Oct. 10 / 17; Nov. 7 / 14; Dec. 12 / 19

Times: 1:00 pm to approximately 3:30 pm (depending on film).

Location: GWC Piedmont Tech, 9432 James Madison Hwy, Rapidan

ADMISSION IS FREE!

SPORTS

VOLLEYBALL

Ages 16-adult, 13wks

A good game of volleyball is a great way to have some fun and get a little exercise. So why not come on out, bring a friend, and make some new ones. Some playing experience is beneficial. Full payment is due BEFORE the first night of play. Must have a minimum of 8 pre-registered. No games 11/30. Note: 11/2-12/21 time will be 7:00-9:00p.

Volunteer Coordinator: Theresa Gore

Location: Eastern View H.S. Gym

Registration DEADLINE: 9/18

| | | | |
|----|------------|------------|------|
| Su | 9/21-12/21 | 6:30-9:30p | \$97 |
|----|------------|------------|------|

SHOTOKAN MARTIAL ART

This class will teach the basics of Shotokan Karate (Sho-to-kan). Techniques are characterized by deep, long stances that provide stability, enable powerful movements, and strengthen the legs. No class 11/27.

Instructor: Master Lester Bromell & Sensei Derek Brown

Location: Eastern View H.S.

Registration Decision: 9/12; 10/31

| | | |
|----|------------|------|
| Th | 7:00-9:00p | \$40 |
|----|------------|------|

Session 1: 9/18-10/23

Session 2: 11/6-12/18

CO-ED INDOOR SOCCER

Check online for details

TRIPS

VIRGINIA SCOTTISH GAMES

Join the Silver Club for the 2008 Highland Games among the green-rolling hills of Sky Meadows State Park in Delaplane, VA. Come celebrate all things Scottish including bagpipes, Celtic music, Highland athletics, dancing, clan tents, crafts, food, border collies, food and drinks. Fee includes event admission & bus.

Coordinator: Marshall Conner

Pick-up location: Culpeper Sports Complex

Registration Deadline: 9/2

| | | | |
|----|------|-------------|------|
| Sa | 9/13 | 8:00a-5:00p | \$45 |
|----|------|-------------|------|

NATIONAL ZOO TRIP

Lions, tigers, and bears, Oh My! Join us as we travel up to the Smithsonian National Zoo to see the 400 different species of animal residing there. And the best part of this trip is we do the driving into DC! All you have to do is show up, get on the motor coach, enjoy the zoo, and we'll bring you back.

Coordinator: Tabitha Riley

Pick up Location: Culpeper Sports Complex

Registration Deadline: 9/25

| | | | |
|-----|-------|-------------|------|
| Sat | 10/11 | 8:00a-5:00p | \$35 |
|-----|-------|-------------|------|

MT. VERNON – CANDLELIGHT TOUR



Mount Vernon sparkles with holiday cheer during this lively Colonial Christmas event! During this holiday program, visitors learn about the Washingtons' Christmas traditions, tour the candlelit Mansion, and meet First Lady 'Martha Washington'. On the grounds, guests enjoy caroling and free cookies and hot cider around a roaring campfire. Dinner is on your own.

Coordinator: Tabitha Riley

Pick up Location: Culpeper Sports Complex

Registration Deadline: 9/25

| | | | |
|-----------|---------------|-------------|------|
| Sat | 12/6 | 3:30-10:00p | |
| Option A: | Ages 12-adult | | \$50 |
| Option B: | Ages 0-11 | | \$45 |

HOLIDAY TOUR OF THE WHITE HOUSE AND SHOPPING AT UNION STATION

The Department has requested tickets for a holiday tour of The White House. The trip will take place in December, a week day between the 1st and 12th, but the specific day will not be known until November 15th at the earliest. We have requested 100 tickets. As well as touring The White House, a stop for food and shopping will be made at Union Station.

Trip Coordinator: Tabitha Riley

Pick up Location: Culpeper Sports Complex

All ages are welcome. Anyone under 18 must be accompanied by an adult.

REGISTRATION FOR THIS TRIP

WILL BEGIN ON

MONDAY, NOVEMBER 3RD at 8:00am.

Registrations received before this date will be returned.

Fee: \$35 per person Ages 1-adult

PROPOSED TRIPS FOR 2009

(Details will be available online)

April – Lancaster PA

May – Frontier Culture Museum, Staunton

June – Tangier Island

July – Virginia Beach – Day trip

September – Chincoteague Island – overnight

October – Smithsonian Museums – D.C.

TRIP FAQ'S

- All ages are welcome. Anyone under 18 must be accompanied by an adult.
- Pre-registration is required for all trips by the registration deadline.
- All trips will be picking up and returning to the Culpeper Sports Complex at the corner of Jonas Road and Greens Corner Road. Map available online.
- The starting time listed is when the bus will be leaving the parking lot. You need to be at the pick-up location before this time. Return times are approximate.
- Bus driver gratuities are not included in the registration fee.

Culpeper County Parks & Recreation Registration Form

Program Name: _____ Dates: _____ Time: _____ Cost: _____
Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su
Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____
Mailing Address: _____ City / Zip: _____/_____

| OFFICE USE ONLY | |
|-------------------|-------------|
| Amount Paid _____ | Cash _____ |
| Balance Due _____ | Check _____ |
| Date Paid _____ | Other _____ |

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____
Email address: _____@_____ (will never be sold or distributed)
Parent/Guardian(s) Name (if participant is under 18): _____
Emergency Contact: _____ Relationship: _____
Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Media Release: ☐YES ☐NO INITIAL _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature. In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors. It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) _____ Parent / Guardian Signature (if participant 17 or younger) _____ Date _____

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: www.culpepercounty.gov

Please only one program per form. Photocopies of form are acceptable.

Culpeper County Parks & Recreation Registration Form

Program Name: _____ Dates: _____ Time: _____ Cost: _____
Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su
Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____
Mailing Address: _____ City / Zip: _____/_____

| OFFICE USE ONLY | |
|-------------------|-------------|
| Amount Paid _____ | Cash _____ |
| Balance Due _____ | Check _____ |
| Date Paid _____ | Other _____ |

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

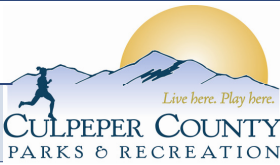
Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____
Email address: _____@_____ (will never be sold or distributed)
Parent/Guardian(s) Name (if participant is under 18): _____
Emergency Contact: _____ Relationship: _____
Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Media Release: ☐YES ☐NO INITIAL _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

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Participant Signature (7yrs & older) _____ Parent / Guardian Signature (if participant 17 or younger) _____ Date _____

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: www.culpepercounty.gov



Fall Schedule

2 EASY WAYS TO REGISTER!



Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).



By Mail

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Please include a self-addressed, stamped envelope, if you **require** registration confirmation.

Registration Information



Registrations:

- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence.
- The Department is unable to accept telephone registrations at this time.

Registration Decision:

- The registration decision date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held. So for everyone's benefit, please have your registration in before the decision date.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline re-funds, less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit www.cancellations.com, or call our office at 540-727-3412 and select option 1.

Adjustments

- Department staff has made every effort to prepare this section of *The Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department.

YOUTH SPORTS:

Culpeper Football Association -
Greg Hackley - 540-547-3991

Culpeper Youth Football -
John Fotenos - 540-825-1854
Culpeper Youth Basketball -
Greg Ward - 540-547-9188
Culpeper Youth Baseball -
Kenny Jackson - 540-547-9099
Rappahannock Culpeper Baseball -
www.rappculpbasketball.com
Culpeper Lacrosse Association Foundation -
Scott Found - 540-825-3530
Culpeper Soccer Association -
www.culpepersoccer.net

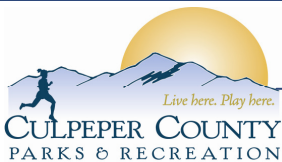
Culpeper Wrestling Federation
Mark Hamilton - 540-547-2696

ADULT SPORTS:

Culpeper Adult Flag Football League - Paul or
Amiee Hoffman - 540-923-4683

COMMUNITY:

Blue Ridge Chorale of Culpeper -
Judy Gore - 540-825-2859
Culpeper Blue Angels All-star Cheer & Dance
Kym Majors - 540-727-2087



Fall Schedule

LET THERE BE POWER!

After years of struggle, Culpeper Recreation Foundation Inc. with assistance from the Culpeper Parks and Recreation staff managed to locate the right combination of creative thinking and community-minded individuals to provide a service for their citizens. For the first time since the Culpeper Sports Complex was built, the County was able to provide the baseball and softball fields with power to light all the scoreboards.

The administration of the Associated Training Service (ATS) at Piedmont Tech School was contacted regarding the project. With cooperation from School Director Ramon Serrato, the work began. His group seized the challenge of relocating heavy equipment as well



as transporting the students from the school facility on Route 15 to the complex. Serrato saw an opportunity for students to gain on the job

training and provide a service for the community.

Anthony Clatterbuck of Graystone Homes Inc. was contacted and assisted with moving the equipment using heavy duty trailers. The students used the equipment to dig ditches and then learned how to connect and lay PVC pipe. Upon completion, dirt was backfilled and packed and ready for the next step.

An essential, but very hard to find, link is an electrician willing to volunteer time to tackle the final phase of the project. Ken Dawson Electric once again came to the County's aid. After devoting countless hours last year to pull and wire the football scoreboards, Mr. Dawson again offered his support to the Department as a volunteer for the community project. Dawson noted his effort would complete an important part of any child's sport activity- having a scoreboard to encourage their interest. His crew invested over a week and a half to finish the job.

In considering the work performed - if this baseball project were bid to an outside source, it would have cost the County approximately \$73,800. The combination of bills paid

through fundraising efforts by the **Culpeper Recreation Foundation, Inc.**, a contribution from **Culpeper Little League Baseball**, and volunteerism from **Anthony Clatterbuck of Graystone Homes Inc.**, **ATS students** and **Ken Dawson Electric** saved County taxpayers over \$69,500 in expenses.



CULPEPER RECREATION FOUNDATION

The Foundation's first task is to raise money to help build two bathroom and concession stands at the Culpeper Sports Complex. The bathrooms are a necessity to prevent the spread of disease, and concession stands will support fund-raising efforts of the youth sports association.

Members continue to raise funds for this project. This year the Foundation is offering the community a series of raffles to win a prize, but most importantly the raffles will raise money for their commitment to provide much needed recreational facilities at the Sports Complex.

The first raffle was for 4 tickets to see the Colorado Rockies vs. Washington Nationals at the Nationals' new stadium.

The second raffle will be an autographed soccer ball donated by Major League Soccer team **D.C. United** and an official 12th man Barra Brava soccer shirt donated by Marshall Conner.

The third raffle will be a donated 3-month membership to Gold's Gym with a sec-

ond place gift of a planting vase donated from Plow and Hearth. Raffle tickets were donated by Battlefield Ford – Mercury.

The Foundation members continue to work towards additional raffle opportunities and other means to raise funds. Any money raised, but not used on the bathroom/concession stands, will go directly to increasing the distance of the current walking trail around the park and then to other park needs.

PRESERVING CULPEPER HERITAGE

Jefferson Ruritan Club members poured a concrete slab for the historical interpretation panel that commemorates the history of the surrounding area, and the 18th century home of the Spilman family, located in Spilman Park. The historical background took several years of research by volunteers. The end product is one of the more elaborate historical panels in the County and is well worth the trip to the park.

Ruritan volunteer members that took part in the project were Perry Cabot, Bill Cox, Dennis Kerns, Robert Murray, Paul Oestereicher, Patricia Pfeifer, Jim Rider and David Thompson.



MASSANUTTEN SKI & SNOWBOARD PACKAGES

The Department will again this year be selling discounted packages for skiing / snowboarding at Massanutten. Please do not call about details until November. Information will be online and in the local papers as soon as we receive details.